



Indigenous Relationship and Cultural Awareness (IRCA) Courses: Interactivity Guide

Module 3: The Need for Cultural Competence in Healthcare

Chapter 1 - Defining the Cultural Continuum

1. Reflection: After learning about the cultural continuum, and the four levels of cultural competency, how might you take action or support cultural competence at each level?

Systemic	
Organizational	
Professional	
Individual	

Chapter 2 - Cultural Competence in Healthcare

1. Reflection: After watching the video featuring Tony Jocko, Former Federal Policy Analyst, Anishinabek Nation, how might you play an advocacy role to ensure First Nations, Inuit, Métis and urban Indigenous patients receive proper medical care?

<p>Answer:</p>

2. Reflection: Thinking about cultural competence in healthcare through communication, decision-making, understanding/misunderstanding, and beliefs, what are some specific action items that you can take with you?

Answer:

Chapter 3 - Putting Cultural Competence into Practice

1. Reflection: How does your organization or healthcare practice address cultural practices for First Nations, Inuit, Métis and urban Indigenous patients? Does your organization have a smudging or land recognition policy, and if so, what is the procedure?

Answer:

Chapter 4 - Cultural Competence from the Patient's Perspective

1. Reflection: After reading through the cultural competency case study, how can you make sure that you are communicating effectively with First Nations, Inuit, Métis and urban Indigenous patients?

Answer: