



Indigenous Relationship and Cultural Awareness (IRCA) Courses: Interactivity Guide

Module 8: Health Landscape of Indigenous People

Chapter 1 – The Health Landscape of Indigenous People

1. Reflection: Reflect on the diminished access to traditional foods for First Nations, Inuit and Métis peoples post-contact with Europeans. How has this affected the health of communities?

Answer:

Chapter 2 – Strategies to Reduce Mortality

1. Why are culturally safe environments important? What are some elements of Traditional healing that are incorporated in the Medicine Lodge at Health Sciences North (HSN) in Sudbury?

Answer:

2. Reflection: Reflecting on the eight key principles on creating culturally safe engagement that were created in partnership with Indigenous patients and the BC Patient Safety & Quality Council, what point(s) stand out to you? How can this be incorporated into healthcare settings?

Answer:

Chapter 3 – Coordination of Care

1. What are some ways in which the coordination of health services impacts healthcare for Indigenous people? Please provide an example.

Answer:

Chapter 4 – Access to Primary Care Providers

1. What are some Indigenous Health Services that directly serve First Nations, Inuit, Métis and urban Indigenous peoples and what do they do?

Answer:

Chapter 5 - Transportation and Geographical Issues and Challenges

1. Reflection: Take a moment to reflect on travel related challenges that many Indigenous people face. Why is this important to consider in a healthcare setting?

Answer: